# **Prescription Savings** for Those Without Insurance

### **Shop different** \$ pharmacies.

Call around to various pharmacies in your area and compare costs. Some buy directly from drugmakers while others use a go-between, which can increase prices.



### **Try pharmacy** savings cards or coupons.

Savings card programs are often free to sign up for and can cut your prescription costs a great deal. Some have eligibility requirements, such as an income threshold, but others are open to everyone.

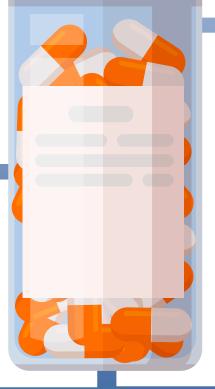
### Talk to your doctor.

They might have free samples to give you. Or they may prescribe a lowercost generic option for your prescription meds.



## Buy in bulk.

It's common for larger quantities of a medication to cost less per dose than smaller batches. With less frequent refills, you'll save on co-pays, too.



### See if you qualify for assistance.

Sites like RxAssist and RxHope, nonprofit organizations like NeedyMeds or Partnership for Prescription Assistance, or your state Medicaid office are good places to check for prescription assistance and drug discount programs.

SOURCES: Mental Health America: "How can I get help paying for my prescriptions?" Harvard Health Publishing: "7 ways to save cash on prescription drugs."