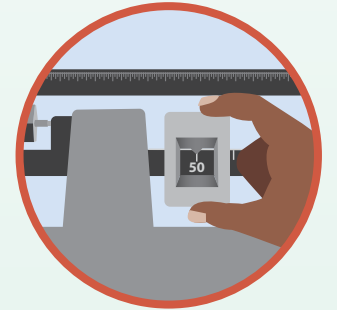


# Symptoms of HYPERTROPHIC CARDIOMYOPATHY



**Lightheadedness**

**Sudden weight gain**



**Fainting**

**Tiredness**



**Swelling in ankles, feet, legs, or abdomen**

**Abnormal heart rhythms**



**Chest pain, especially during physical activity**

**Shortness of breath, particularly during exercise or exertion**



SOURCES: Nursing 2022 The Peer-Reviewed Journal of Clinical Excellence: "Hypertrophic Cardiomyopathy, New hope for an old disease." American Heart Association: "Hypertrophic Cardiomyopathy (HCM)."

Medical review by Brunilda Nazario, MD on 12/05/22