

MEDICATIONS YOU MAY TAKE

for Hypertrophic Cardiomyopathy Symptoms

BETA-BLOCKERS,

for example,
atenolol
(*Tenormin*) and
metoprolol
(*Lopressor, Toprol*)

CALCIUM CHANNEL

BLOCKERS, for example,
diltiazem (*Cardizem*,
Cartia XT, Dilacor XR,
Dilt-CD, Diltia XT, Dilt-XR,
Diltzac, Matzim LA,
Taztia XT, Tiadylt ER,
Tiazac) and **verapamil**
(*Calan, Covera HS*,
Isoptin, Verelan)

HEART RHYTHM DRUGS if needed,

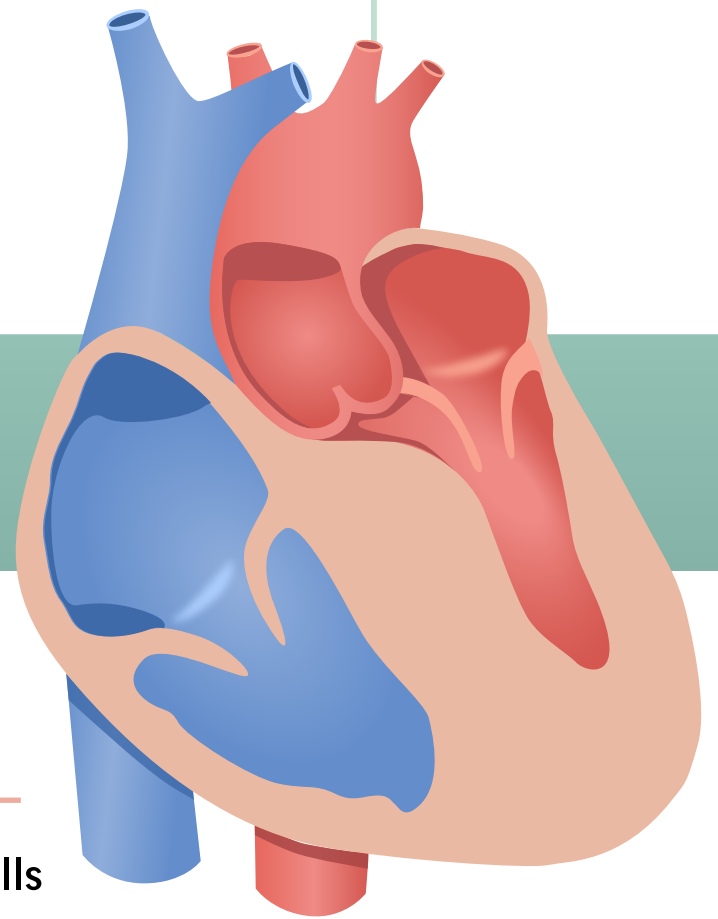
such as
disopyramide
(*Norpace*)

WATER PILLS

(diuretics)

MEDICATIONS TO AVOID When Diagnosed With Hypertrophic Cardiomyopathy

- Nitrates
- Digoxin
- Excess doses of water pills



SOURCES: Cleveland Clinic: "Hypertrophic Cardiomyopathy." Mayo Clinic: "Hypertrophic Cardiomyopathy." *Journal of the American College of Cardiology*: "2020 AHA/ACC Guideline for the Diagnosis and Treatment of Patients with Hypertrophic Cardiomyopathy."