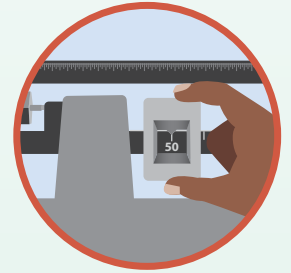


Symptoms of HYPERTROPHIC CARDIOMYOPATHY



Lightheadedness

Sudden weight gain



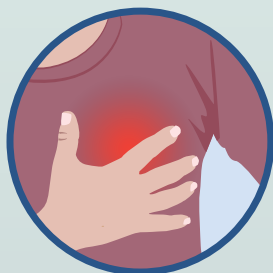
Fainting

Tiredness



Swelling in ankles, feet, legs, or abdomen

Abnormal heart rhythms



Chest pain, especially during physical activity

Shortness of breath, particularly during exercise or exertion



SOURCES: Nursing 2022 The Peer-Reviewed Journal of Clinical Excellence: "Hypertrophic Cardiomyopathy, New hope for an old disease." American Heart Association: "Hypertrophic Cardiomyopathy (HCM)."

Medical review by Brunilda Nazario, MD on 10/17/23