

MEDICATIONS YOU MAY TAKE

for Hypertrophic Cardiomyopathy Symptoms

BETA-BLOCKERS,

for example, **atenolol** (*Tenormin*) and **metoprolol** (*Lopressor, Toprol*)

CALCIUM CHANNEL

BLOCKERS, for example, **diltiazem** (*Cardizem, Cartia XT, Dilacor XR, Dilt-CD, Diltia XT, Dilt-XR, Diltzac, Matzim LA, Taztia XT, Tiadyt ER, Tiazac*) and **verapamil** (*Calan, Covera HS, Isoptin, Verelan*)

OTHER DRUGS

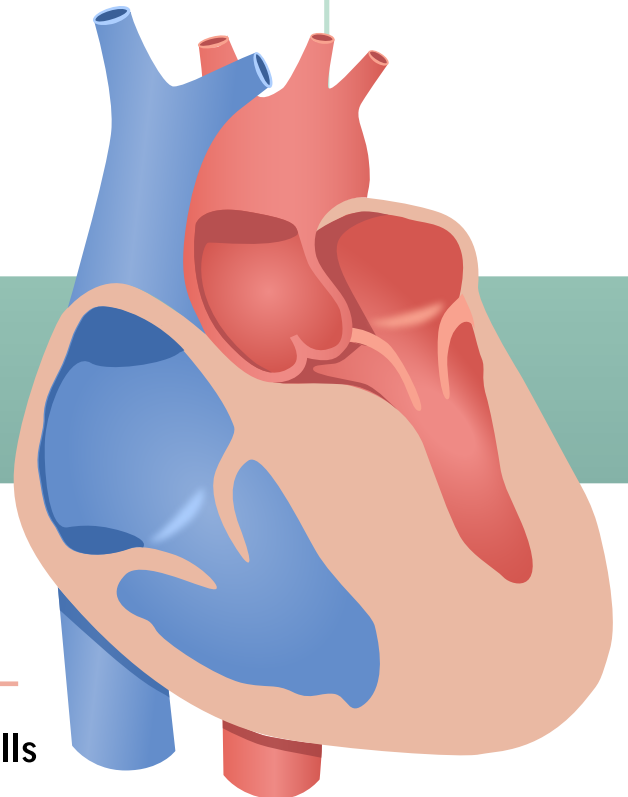
if needed, such as **disopyramide** (*Norpace*) and **mavacamten** (*Camzyos*)

WATER PILLS

(diuretics)

MEDICATIONS TO AVOID When Diagnosed With Hypertrophic Cardiomyopathy

- Nitrates
- Digoxin
- Excess doses of water pills



SOURCES: Cleveland Clinic: "Hypertrophic Cardiomyopathy." Mayo Clinic: "Hypertrophic Cardiomyopathy." *Journal of the American College of Cardiology*: "2020 AHA/ACC Guideline for the Diagnosis and Treatment of Patients with Hypertrophic Cardiomyopathy."

Medical review by Brunilda Nazario, MD on 10/17/23