MEDICATIONS YOU MAY TAKE for Hypertrophic Cardiomyopathy Symptoms

**BETA-BLOCKERS,** for example, atenolol (Tenormin) and metoprolol (Lopressor, Toprol)

**CALCIUM CHANNEL BLOCKERS,** for example, diltiazem (Cardizem, Cartia XT, Dilacor XR, Dilt-CD, Diltia XT, Dilt-XR, Diltzac, Matzim LA, Taztia XT, Tiadylt ER, Tiazac) and **verapamil** (Calan, Covera HS, Isoptin, Verelan)

**OTHER DRUGS if needed,** such as disopyramide (Norpace) and mavacamten (Camzyos)

**WATER PILLS** (diuretics)

**MEDICATIONS TO AVOID** When Diagnosed With Hypertrophic Cardiomyopathy

- Nitrates
- Digoxin
- Excess doses of water pills


Medical review by Brunilda Nazario, MD on 10/17/23