

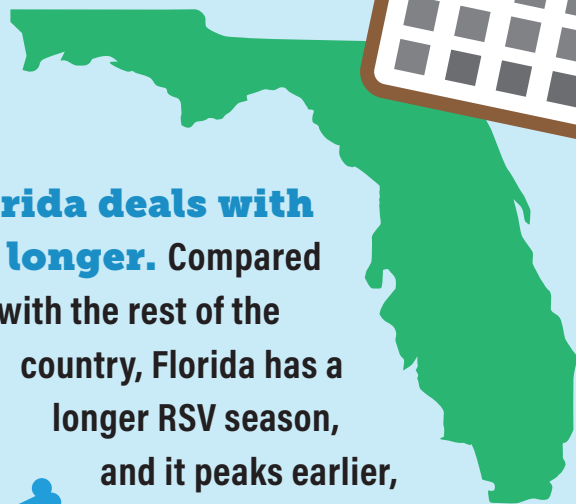
Be Aware of **Respiratory Syncytial Virus Season**



- **Flu season is peak season.**

In most of the U.S., RSV tends to surge at the same times as the cold and flu viruses: fall, winter, and early spring, with the highest number of cases typically happening from late December to mid-February.

- **Florida deals with it longer.** Compared with the rest of the country, Florida has a longer RSV season, and it peaks earlier, between November and January.



- **RSV thrives in cold, dry air.** Not only can winter weather decrease your body's ability to fight off germs, studies show viruses may survive and reproduce more effectively at colder temperatures, making it easier for them to spread and infect more people.



- **You can still get it in summer.** It's less likely, but still possible to get RSV during the summer. Keep up your good hand-washing and germ-avoiding habits year-round, such as not sharing cups, covering up coughs and sneezes, and steering clear of others who are sick.

