## Be Aware of Respiratory Syncytial Virus Season







• Flu season is peak season.

In most of the U.S., RSV tends to surge at the same times as the cold and flu viruses: fall, winter, and early spring, with the highest number of cases typically happening from late December to mid-February.

• Florida deals with
it longer. Compared
with the rest of the
country, Florida has a
longer RSV season,
and it peaks earlier,
between November
and January.

• RSV thrives in cold, dry air. Not only can

your body's ability to fight off germs, studies show viruses may survive and reproduce more effectively at colder temperatures, making it easier for them to spread and

infect more people.

winter weather decrease



• You can still get it in summer. It's less likely, but still possible to get RSV during the summer. Keep up your good hand-washing and germ-avoiding habits year-round, such as not sharing cups, covering up coughs and sneezes, and steering clear of others who are sick.

SOURCES: CDC: "Respiratory Syncytial Virus Infection (RSV)." National Institutes of Health: "Dry Air May Spur Flu Outbreaks." Florida Health: "Respiratory Syncytial Virus Surveillance Activity Summary." Cleveland Clinic: "Why Are RSV Cases Increasing During Summer Months?"

What to

Know