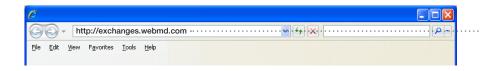
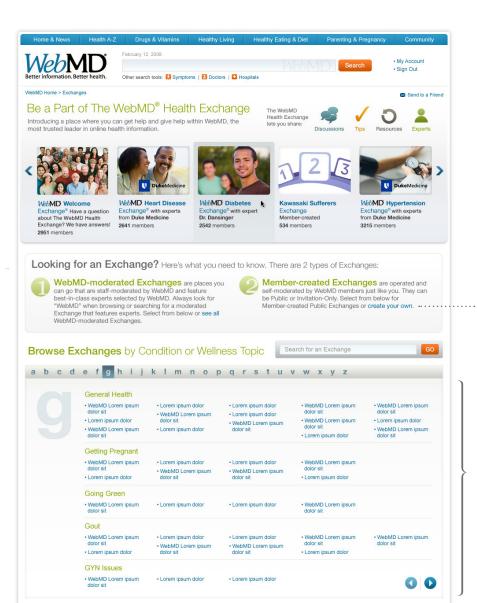


Be among the first to establish an Exchange – create your Exchange during our March launch



Create a Health Exchange in 3 easy steps:





Step 1

Type http://exchanges.webmd.com into your web browser.

Step 2

Click on create your own.

You will be prompted to register with WebMD if you are not a registered user.

Once created, your public Exchange name will be listed for others to browse or search.

Step 3: Enter your Exchange information.

Your Exchange Name:

Your Exchange name will be unique to you, and it will be part of your web address, e.g. exchanges. webmd. com/sample-diabetes-association. (If you represent a local chapter of an organization, be sure to include your location in the name of your Exchange to distinguish your group from the national group.)

4 Description:

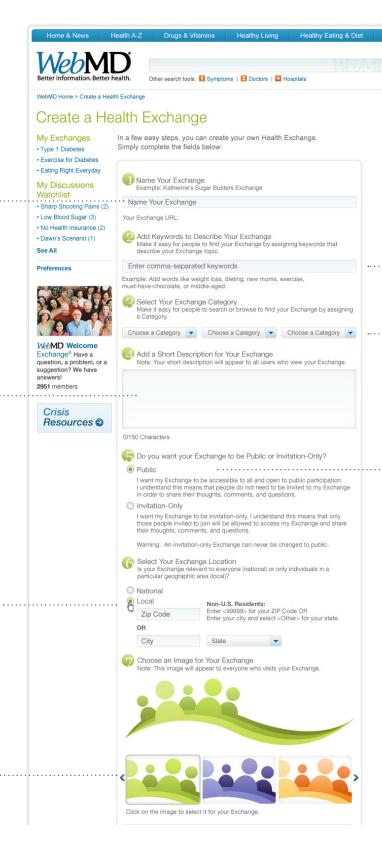
Write a brief summary about your Exchange.

6 Local or National:

You can create an Exchange to reach a national audience, such as "Moms with Type 1 Diabetes" or you can keep it local with, "Atlanta Moms with Type 1 Diabetes." Choosing the "Local" option here will help people who are searching by area find your Exchange.

7 Choose an Image:

Browse to select one that best reflects your Exchange.



2 Keywords

My Account
Sign Out

To optimize "searchability", use broad and specific keywords (i.e. "diabetes," "weight loss") that relate to your cause.

3 Categories:

To help users find your Exchange in our directory, select the appropriate categories.

5 Public or Invitation-Only Exchange:

You can create a Public Exchange that is listed in our directory and discoverable by everyone. Or you can create an Invitation-only Exchange where only people you invite will be able to view and participate. These Invitation-only Exchanges will not be listed in our directory OR be searchable through external search engines.

Your Exchange has been created. Start posting!



Discussions

are where experts, guest experts and users post, read and reply in free-flowing conversations.

Resources

are favored and useful Web resources and links. Like Tips, users discuss or vote on the best Resources.

Tips

are shortcuts, helpful hints or the kind of clever reminders one might stick on a sticky note.