Care and Feeding of Olympic Athletes

Explore some facts and figures behind the care and feeding of competitors at the London 2012 Olympics.

**19** Number of days of competition

**5** Number of recovery days for Team GB road cyclist Bradley Wiggins between winning the Tour de France and competing in Olympic cycling events

**10** Litres of fluid road cyclists consume during gruelling races, such as a stage of the Tour de France

**10,490** Number of athletes competing

**5,000** Paid employees at the London 2012 Organising Committee at Games-time

**5,000** Number of anti-doping samples expected to be taken during the Olympics

**6** Number of dentists on duty

**375** Number of doctors on duty during the competition

**1.2 mil.** Number of meals served to Olympic athletes

**1,300** Types of dishes the athletes can choose from

**2.7 mil.** Number of bananas expected to be consumed by athletes during the games

**8,000-10,000** Number of calories consumed per day by gold medal-winning swimmer Michael Phelps

Sources: London 2012/LOCOG; BBC Media Centre; WebMD news: The Olympic Diet of Michael Phelps, International Women's Day: A time for reflection; Sky Procycling: Nutrition key for tour test; The Independent

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