

# Questions for your doctor



Preparing questions and taking them along to your doctor's office can help you stay focused and get helpful information during your visit.

## QUESTIONS:

What are my cholesterol levels and which ones are most important?

What do I need to do to maintain or improve my cholesterol levels?

Why do I need to take CRESTOR® (rosuvastatin calcium)?

How do I take CRESTOR, and how long will I need to take it?

What are the possible side effects of CRESTOR, and how do they compare to the potential dangers of unmanaged cholesterol?

Are there any medications (prescription or nonprescription) I should avoid taking with CRESTOR?

How soon should I expect results from CRESTOR, and how soon should I come back for a retest?

With CRESTOR, do I need to work on diet and exercise too? If so, why?

What types of diet changes or exercise might help, and how do I stay motivated?

Beyond lifestyle changes, are there nonprescription approaches to lowering cholesterol? If so, are they effective, and are any precautions necessary?

If you smoke, ask your doctor for tips on how to quit smoking.

If you have high blood pressure, ask your doctor why hypertension makes it even more important for you to manage your cholesterol.

If you have diabetes, ask your doctor why managing your cholesterol is so important.

## Important safety information about CRESTOR

In adults, CRESTOR is prescribed along with diet for lowering high cholesterol. CRESTOR is also prescribed along with diet to slow the progression of atherosclerosis (the buildup of plaque in arteries) as part of a treatment plan to lower cholesterol to goal. CRESTOR has not been determined to prevent heart disease, heart attacks, or strokes.

CRESTOR is not right for everyone, including anyone who has previously had an allergic reaction to CRESTOR, anyone with liver problems, or women who are nursing, pregnant, or who may become pregnant. Your doctor will do blood tests before and during treatment with CRESTOR to monitor your liver function. Unexplained muscle pain and weakness could be a sign of a rare but serious side effect and should be reported to your doctor right away. The 40-mg dose of CRESTOR is only for patients who do not reach goal on 20 mg. Be sure to tell your doctor if you are taking any medications. Side effects occur infrequently and include headache, muscle aches, abdominal pain, weakness, and nausea.

Please see full [Prescribing Information](#) for CRESTOR.

CRESTOR is a registered trademark of the AstraZeneca group of companies.

255960 2/08 ©2008 AstraZeneca Pharmaceuticals LP. All rights reserved.



This product information is intended for US consumers only.